

Raymond Recorder



Vol. 28

FRIDAY, FEBRUARY 8 1929

No 1

America And Music

(The Readers Digest)

One of the vagaries of the American about which all visitors have been agreed is that he had no art. God in his wisdom had so fashioned the American that he was congenitally incapable of art. Yet something incomprehensible has happened of late. European critics have discovered that the American grand orchestra in the average excellence of its performance, is unequalled by an average excellence elsewhere. Truly if Uncle Shylock turns to play the role of Orpheus and plays it rather well, here is something to make men stare and mutter.

Considering our population and our wealth, it is not wonderful that we have 51 major organizations discarding heavenly harmony. Austria has 21, England 19, Germany 19, France 11. What is truly remarkable in our country is that the interest in orchestral music is so widely spread so evenly developed, and so rapidly increasing.

Of the 51 grand orchestras here counted in the United States, 12 are of the first rank and would be deemed so anywhere. With the exception of three orchestras on the continent of Europe, these 12 have in this world no fellows. They dot the map from ocean to ocean—Boston, New York, Philadelphia, Detroit, Cleveland, Cincinnati, Chicago, St. Louis, Minneapolis, San Francisco, Los Angeles; 11 cities, each the happy possessor of a magnificent orchestra and therefore a dynamic center of musical influence and inspiration.

The glory of these is well known and a national asset. What is not so well known, though at least as much of a national asset, is that in a host of cities east and west, north and south, are orchestras capable of rendering competently the standard classical symphonies in full-toned dimensions, spreading the musical gospel among millions of people.

Some of these orchestras have regular routes of travel in addition to the home concert series. A few, like those of Minneapolis, and Kansas City, visit every year 40 or 50 communities where they do tutoring and seed planting. For it is a singular fact that any community that hears an orchestra five times immediately desires one of its own. Another astonishing thing is the high average of the music played everywhere—even at what are called "popular concerts." According to last seasons programs the most popular music in America was Beethoven's "Fifth Symphony" and Mozart's "Jupiter."

If education, training and a disclosed avidity have any meaning, America is hardly at the threshold of her real musical status. Another generation ought to eclipse anything previously achieved, because the public school is becoming the nation wide nursery of musical interest and musical talent. Unnoted by most of us this work has already gone far. How long is it since the sum of the musical interest in even the best public school was represented by one ancient piano and some graceless vocalization forced upon rebellious victims? Today hundreds of schools, high, intermediate and even elementary, have their student orchestras. Not perfunctory string scrapers either, but complete orchestras that prefer difficult classical compositions.

To such importance has this branch of education grown that we now have a new executive in our schools—the Music supervisor. It sounds preposterous, but it seems to be a fact that there are more than 1,000 students in New York City preparing themselves for this career. Whereupon the size of this revolution begins to be evident, for New York is by any means the only place where such instruction can be acquired.

It has been estimated that of the 400,000 children in our schools, at 13,000,000 are now studying a school subject. That is worth an emphasis. They study music as a

are of more practical value in developing and training the mind than is music. Here is a change indeed.

Already in many cities there are annual interscholastic contests among orchestras. In Minneapolis recently six high schools competed, each playing a standard concerto with a soloist developed in the school. In March, 1927, occurred the final All City Original Composition Contest among students of the High Schools. Sixteen pupils competed, performing their own compositions, boys and girls. It was enough to make a dreamer see the heavenly gates. There is no question that the average was exceedingly high. The judges had a difficult task.

Then they have memory contests from time to time; teams from the schools chosen after the manner of contestants in track athletics. I attended one in Chicago. Blank ballots were provided and the contestants must fill these with the character of the piece played, the number of beats to the measure, the nationality of the music, the name of the instrument on which a solo part was played, and then identify eight swiftly succeeding compositions, name the author of each and his country. Only eight to twelve bars of each composition were played. The Chicago Orchestra Hall was packed; 19 schools from outside towns were having their periodical contest. The moment a phrase ended one could hear the busy pencils scratching. Some of the tests would have bogged adult concert goers. But not these children! When their papers came in they seemed too good to be true. Evanston High School won by a narrow margin—191 points out of a possible 195. Three perfect papers were handed in by this team.

Nearly all the great orchestras now give special concerts for children. When Walter Damrosch inaugurated such things about 45 years ago he was hailed as a musical lunatic. Now by invitation he has inaugurated similar concerts in London. Detroit children are given tickets to concerts as prizes for the best records in their classes. It appears that no other incentive to diligence has equalled this.

There is still one other phase of these entrancing speculations. For some time thoughtful educators have been worried about the over-developed competitive athletics in our schools. Now to suggest that the combative instincts of our race can ever be satisfied by substituting contests in music for contests in brawn seems something to provoke wild, hilarious and inextinguishable laughter. Yet there are educators to whom it does not seem in the least crazy, and others that, observing how in their schools the interscholastic music meet excites as much interest in the student as the interscholastic track meet remember in their prayers the Music Supervisor and his work.

But to return now to the peculiar love of Uncle Shylock for music. All his adventures in music are on the red side of the balance sheet. As a business enterprise every one of them is a ghastly failure, losing annually perhaps, anywhere from \$100,000 to \$500,000 apiece. The public raises the deficits.

What are we to expect 30 years from now with the schools adding every year perhaps a million persons to those who know and desire the high forms of musical art. Land of the Dollar? Or Land of Great Music?

Will there be music in our schools next year?

The Athenian Club met at the home of Mrs. Heber Christensen last Monday, February 4th. After a social chat the following sat down to a splendid turkey dinner: Mrs. A. W. Kirkham, Mrs. Will Lamb, Mrs. Will Meeks, Mrs. C. Nilsson, Mr. D. H. Kinsey, Mrs. Whitbeck, Mrs. S. B. Card, Mrs. Will Nalder, Mrs.

Raymond To Have Ice Carnival

Something entirely different as far as Raymond is concerned, will be staged next Wednesday evening when the Raymond A. A. will hold an ice carnival at the local rink.

An evening of real sport has been lined up and an urgent invitation to old and young is extended to come out and help foster the growth of this fastest and cleanest of outdoor sports. The committee in charge of the Carnival have made a big effort to line up a real program. The hockey game between the business men and the Sugar Factory crew will alone be worth ten times the price of admission. The teams lined up are as follows—Business men: L. D. King, goal; Bert Kirkham, D. A. Bennett defense; Heber Allen, R. A. VanOrman, Percy Cope, W. D. Merdethall and Lee Brewerton, forwards.

Sugar Factory: Roscoe Humphrey goal; Hamp Witbeck, T. George Wood defense; Cliff Nalder, Ezra Christensen, Stanley Grip, Jack Simpson and Geo. Romeril, forwards. Before the game there will be a race between three picked men from each team.

The balance of the program is as follows: 1. broad jump between halves of game. 2. obstacle race, open 3. girls race, under 16. 4. boys race, under 16. 5. mens speed race, open 7. relay race, four men. 8. boys speed race, under 16. 9. couple race. 10. town councillors race. special speed race for hockey players immediately after game.

In addition to the races prizes will be given for the following costumes: lady's best costume, gentleman's best costume, lady's comic costume, gentleman's comic costume, best character under 16.

Prizes to the extent of \$35.00 will be given. The Raymond band will be in attendance. A hot dog stand will be erected in one corner of the rink, so there will be no need to go hungry. Part the time will be spent in general skating bring your skates and come out. It will be an evening long remembered in Raymond.

MAYOR, COUNCILMEN RETURNED BY ACCLAMATION

Four Nominees For School Board

The present Mayor P. W. Cope, and councillors C. W. Lamb, Wilford Mel-drum and Will Meeks, were returned to office without a struggle.

Evidently everyone is satisfied with the way things have been carried on regarding our town government so let us boost and assist them in every way possible. It is too late to kick and criticise, general opinion has been expressed and nothing but co-operation should be given.

Boost for your town and the officers you have elected.

Monday next is the day.

The stage is all set for the political battle to be staged next Monday, when Mr. A. Bennett and Mr. I. B. Roberts will question the title of the Out going (?) members of the school board Mr. J. U. Allred, and Mr. Wm. Clemis. What is your pleasure? Will the nominees take their place? There seems to be considerable comment afloat and judging from all we hear considerable excitement will prevail. What will be the outcome?

Oratorical Contest

The Southern Alberta Oratorical Contest took place last Wednesday evening in Lethbridge. Miss Roberts of Taber took first place, the subject was "Canada Among the Nations." She was complimented very highly for her delivery and manner in which she handled her subject.

Mr. Ted Noble of Lethbridge was second. He also displayed wonderful ability in speaking.

Miss Orpha Vance our local representative took third place for which we are very proud.

Miss Serriel of Magrath and Miss Carmine of Coldale took fourth and fifth places.

Tragic Murder and Suicide Funeral for Mrs. Stone Here, Today

(From the Lethbridge Herald)

YAKIMA, Wash., Feb. 5.—Worried by family troubles and ill health, Harry Stone, 65, entered his home Saturday evening about 6 o'clock, shot his wife, Mrs. Emma Stone, 55 through the head, then ended his own life just as his son-in-law, Percy Murdoch, came to the house to take Mr. and Mrs. Stone to his ranch home for dinner.

Letters found by officers indicate that Stone's suicide was premeditated while other letters written by Mrs. Stone revealed that she contemplated filing divorce proceedings and was attempting to obtain money with which to pay for the costs of the case.

Stone was working for a sheep company as packer, and was at home very little. One time it was said he was a prosperous Canadian rancher and had lost his holdings through successive crop failures. Both had been married before.

After shooting his wife Stone placed a pillow under her head, then walked into the next room. She had been sewing and a thimble was on one finger of her hand when she was taken to the hospital where she lived for two hours.

In addition to the three children of their marriage, two girls and a boy, ages 9, 11, and 13, Mrs. Stone leaves five children by a former marriage Mrs. Anna Murdoch of Yakima; Ellis Smith of Gridley, Calif.; Wallace and Golden Smith of Vancouver, B.C.; and Cecil Smith of Oakland, Calif. Two brothers, John and Frank Lane, live in Portland, Ore. Mr. Stone's former wife and child are both dead.

The late Mr. Stone formerly farmed at Raymond.

The Recorder has been notified that funeral services over the remains of Mrs. Harry Smith will be held today from the Raymond Stake House

Raymond Loses In Fast Hockey Game

Wednesday evening saw the first hockey game of the season with an outside team when the local team entertained the Lethbridge Elks at the local rink. Although the home team lost the game by a score of 4-2 it was fast and clean and the small crowd that witnessed it was more than pleased with the exhibition.

The Lethbridge sextette showed experience in their combination work and the snappy manner in which they broke with the puck whenever it came into their possession. These factors gave them the advantage over their less experienced opponents and resulted in a win for the visitors.

The local boys played hard, and at times showed flashes of brilliant teamwork, but often their combinations, and the fact that they were slow when given a chance with the puck cost them many chances for a goal.

McBeath and Dumais on the defense for the locals were superb, and together with the goal keeper, Bullock they made many pretty saves.

No score was made in the first period. In the second period Dawson and Tuff each scored one for Lethbridge. Harry Willis made a neat solo play in this frame resulting in a score for the home team. In third period Dawson again scored for the visitors on a solo rush, while Steakley scored on a double play down the ice teaming with Dawson. With the score 3-1 for the visitors, Pete Dumais, of the local brigade took the puck from centre ice and carried past the defense line into the enemy's goal, passed to Melchin who scored with but a few minutes to play.

Dr. Leech and Ed Price, both old at the hockey game are coaching the local boys, and with more support from the town, plus the interest the boys themselves are taking Raymond will soon boast a real hockey team.

Mediates Trim Aggies

The Raymond Mediates defeated the local Aggies in last Friday nights game, in a closely contested battle at the High School gym. The score at the final whistle was 44-33, the Mediates taking a lead of 9 points in second frame, the first period ending 23-22. The Aggie team showed a decided improvement in teamwork since their last appearance and will probably finish strong with the season.

The fixture between the Lethbridge Collegiates and the local High ended in a two to one victory for the home team the score was 40-20.

Despite the high score made by the locals, Lethbridge did some very creditable defense work, and very effectively broke up the whirlwind combinations of the speedy High quint. It is quite apparent that the local high will romp home with one hundred per cent in the district league.

Every thing points to a bright future for this district if the stark has his way about it.

BORN TO—Mr. and Mrs. Lewis Freckell a son Jan. 5th. Mr. and Mrs. J. P. Hardman Stirling, a son Jan. 5th. Mr. and Mrs. Leslie Palmer, twin girls, Jan. 13. Mr. and Mrs. H. K. Iwawasa, a son Jan. 13th. Mr. and Mrs. Jno. Gillyn a son, Jan. 19th. Mr. and Mrs. Jno. Simpson a son, Jan. 21st. Mr. and Mrs. Wm. Grev Stirling a daughter, Jan. 26th. Mr. and Mrs. H. C. Christensen Stirling a son, Jan. 28th. Mr. and Mrs. S. B. Smith a son Jan. 29th. Mr. and Mrs. Frank Ken-niv, a son Jan. 30th. Mr. and Mrs. Wm. Boyson Stirling, a daughter Feb. 3rd. Mr. and Mrs. Fred Piepgrass a son Feb. 4th. Mr. and Mrs. J. A. Paterson

MUSHER, MAD



"Quebec", says Sara Hamilton Birchall, in "Country Life", "goes musher mad". It is so. Every year, and this one more than ever. Go to Quebec between February 21st and 23rd. All you will hear is dog, dogs, huskies, mushers, St. Goddard, Nolan, Chevrier, Seppala!—a score of other names. You will look at the big board in the Chateau lobby where the odds are shown, and you will wonder what it is all about. And then, perhaps, an enthusiastic soul will get you in a corner and tell you how on the third day of the last derby, the man who was considered in the running only for second place was held up by a freight train so long that his dogs shivered and began to stiffen, but won the 120 mile three day grind by a short minute or so; and how he was cheered and chaired, and how they come, these mushers, from all parts of the North Country with their dogs and hounds and huskies. You will pick your dogs, Siberians, Alaskans, or just plain dogs, and before the last

of Nome, the trail dogs from Le Pas, fuzzy animals who know the Quebec woods trails and teams of dogs bred, reared and trained for this one great derby, dogs you wouldn't want, worth hundreds; dogs you could love, but who only know a trainer's hand, and will give allegiance but to him; dogs in fours and fives and sixes, straining, eager, panting dogs with forty miles behind them and eighty before. Then you too are musher mad, and the rough, shaggy lap-dogs, and before the last

his name as he mushes past. You hold your breath as the minutes tick before the next arrival. A team of mastiffs, greyhounds or mongrels, swings round a corner into sight. Their time is close. They have one minute in which to reach the goal, and win the first lap. You too, are musher mad. You watch the bulletin boards with excitement and wordily exchange the gossip of the racing stables. Then, when the great exhibition of strength and endurance is over, you can perhaps settle down to

Good taste suggests

Christie's Water Ice Wafers

You'll be delighted with their oven-fresh crispness. That's why these golden wafers with deliciously flavored iced fillings make such a popular appeal.

In the store or on the phone, always ask for

Christie's Biscuits

The Standard of Quality Since 1853

Canada in 1928

The year of 1928 is drawing to a close, and it is timely, therefore, to take a glance backward and endeavor to size up, however briefly, the extent of the progress made by Canada during the twelvemonth.

It will, we believe, be generally agreed that the hopeful outlook for Canada so eloquently expressed by press and platform at the time of the Diamond Jubilee celebrations last year has been strengthened by the developments of this year. During 1928, Canada has been prosperous and has made substantial progress in many ways, while in no one respect has it slipped back. Viewing the Dominion as a whole, there does not appear to be any one section that is not occupying a more favorable position at the close of the year than it did when the year opened.

Commencing down in the Maritime Provinces, it is frankly recognized that conditions are immeasurably better and that an entirely new spirit of confidence prevails which is in sharp contrast to the depression, even pessimism, which was noticeable a year or two ago. The people of the Maritimes are imbued with a new courage and energy, and are tackling their problems, and engaging in productive enterprises, in a manner which recalls the days of their earlier history.

Throughout Quebec and Ontario all industry has been maintained at a high level building construction in the cities has been carried out on a scale surpassing that of previous years, and as a consequence of these things employment has been general, wages good, and all business has enjoyed a full share of the resultant prosperity.

Dealing more particularly with the Prairie Provinces, the same advancement is to be noted, but to an even more marked degree. A larger acreage than ever before was seeded to crop, and the largest volume of grain in the history of this country produced. Unfortunately, early frosts before the grain had fully ripened resulted in a serious reduction in grades and consequent heavy loss to the producers. Nevertheless, substantial progress has been recorded.

The rapid progress made in the building of the Hudson Bay Railway, the completion of the branch line to the Flin Flon, and the projection of other lines into the mineralized northern sections of Manitoba and Saskatchewan, and the successful conclusion of negotiations whereby the C.P.R. and C.N.R. jointly assume the ownership and operation of the railways in northern Alberta, have opened a new era for the West, and in the next few years a great volume of wealth will flow out of these formerly inaccessible regions.

And, while these Western Provinces will long remain pre-eminently agricultural in character and production, their present population of over two million people and their continuing growth and increased productive capacity have during this year attracted the attention of manufacturing industry as never before. The year marked the beginning of a large movement of manufacturing industry westward which, it is confidently predicted, will take on additional momentum in 1929, and succeeding years.

With development proceeding at an accelerated pace and on a permanent basis throughout the prairie country, the Pacific Coast province is enjoying a larger home market for its fruit, fish, lumber and minerals, and to an increasing extent is becoming the outlet through which Western grain passes to the markets of the world.

Such developmental activity in all the Provinces has found its combined expression in a tremendous increase in the trade and commerce of the Dominion, in buoyant revenues leading to gratifying decreases in the public debt, greater financial stability, reduced taxation.

Coupled with all these evidences of material growth and prosperity, Canada has been fortunate in 1928 because of an absence of any great disasters or epidemics or disease. There has, also, been an absence of any great social unrest or industrial strife. Progress has been well balanced in all the activities of the Canadian people, who, taken as a national family, have found their ways to be ways of pleasantness and peace.

With 1928 having provided such an immediate background, and bearing in mind the staunchness of the foundations laid in preceding years, Canadians can, and do, look forward with confidence to the new year soon to dawn, and with, we are convinced, a determination to still higher and nobler achievement.

Rest Home For Horses

Animals Recuperate On Estate Of Duchess Of Portland

What becomes of the overworked horses of London? Some of them find their way to Welbeck Abbey as the guests of the Duchess of Portland. The sight of a horse struggling with a load beyond its strength is too much for a sincere lover of animals.

The Duchess often stops and buys a stray overworked horse in the street, and sends it to her rest home in the Midlands, where some of these animals are to be found frisking about the fields fit and fat and strong, and ready for work again.

A New York paper refers to very careful autoists as "bread and butter" drivers. Well, after all, they probably keep out of the traffic jam.

Break Colds

Colds are quickly broken with Minard's. Rub it on chest and throat and also inhale.



W. N. U. 1764

Women Are Trained For Domestic Work

British Women To Receive Tuition For Employment Overseas

A move is being made by the Overseas Settlement Department to organize residential hostels in various parts of the kingdom, where women will receive tuition in domestic management as a preliminary to their departure to domestic employment overseas. The training hostel opened last December by the Duchess of York, at Market Harborough, has proved a great success, and other hostels are now under consideration for Scotland, Lancashire, Newcastle-on-Tyne, and Wales.

No More Asthma. Dr. J. D. Kellogg's Asthma Remedy sounds the death knell of this trying trouble. It stops the awful choking and painful breathing. It guards against night attacks and gives renewed ability to sleep and rest the whole night long. Much is claimed for this remedy, but nothing but what can be demonstrated by a trial. If you suffer from asthma try it and convince yourself of its great value.

Enough To Start With Her Very New Ladyship (who is arranging to give a party at a furnished house she has taken): "And there will be enough silverware Parker?"

The Butler (taken on with the furniture): "Yes, m'lady, at the beginning of the evening, anyway."

Good Market In Belgium

Country Shows Partiality For Many Of Canada's Products

The extent to which the Department of Trade and Commerce, through its emissaries, the Canadian trade commissioners in Europe, is expanding trade for Canadian firms was shown in an interview last night with Jean J. Guay, Canadian government trade commissioner in Belgium, with his headquarters in Brussels. After spending six months in Canada, Mr. Guay is returning by way of Antwerp, on the Red Star Line Lapland, sailing from Halifax.

A few years ago, he said, European firms generally were somewhat indifferent when Canadian trade commissioners approached them with a view to increasing business. However hard the Dominion representatives labored they could not work up any enthusiasm. But the situation has changed very considerably since then, and with the aid of Canadian firms the amount of business will be increased very materially," Mr. Guay added.

At the present time Belgium shows a partiality for Canadian wheat, flour, rubber goods, automobiles, salmon, lobster, leather goods, zinc and lead ores, asbestos, wallpaper and de luxe articles such as the better class of silk goods. As an instance of the interest which has been built up in Belgium, Mr. Guay said that he was approached recently by a firm in Europe which wished to obtain a small shipment of Canadian lobster. Correspondence with a Canadian firm did not produce the desired results, as the latter was not interested, but when a trade commissioner, during one of his visits to Canada, called on the firm they decided to send over a small shipment.

Between last March and September, a period of only six months, the Belgian firm bought \$21,000 worth of lobster from the Canadian firm, and now they have notified them that they will require an additional \$36,000 worth during the winter months.

Mr. Guay gave still another instance of how Canadian products are favored in Belgium. On this visit he called on a manufacturer and persuaded him to send over a small shipment of his products because there is a demand for them in Belgium. Mr. Guay said he felt sure that this manufacturer will have almost the same experience as the other one, and that he will have no cause to regret his incursion into the Belgian markets.

Miller's Worm Powders will clear the stomach and bowels of worms, so that the child will no more be troubled by their ravages. The powders are sweet to the taste and no child will object to taking them. They are non-injurious in their composition, and while in some cases they may cause vomiting, that must not be taken as a sign that they are nauseating, but as an indication of their effective work.

Arms Parley Faces Failure

No Discussion Was Started and Commission Adjourned

Failure faces the League of Nations final effort to launch an international convention for control and publicity of private and government arms production.

Count Von Bernstorff, of Germany, appealed to the commission for general discussion, and not a single speaker rose to open the discussion. The commission was obliged to adjourn after naming a sub-commission.

Bernstorff asked for discussion to ascertain any changes in opinion, since the last meeting. Virtually all nations had accepted the principle of control of government production, but the commission has not been able to agree on details of control of private production.

One of the commonest complaints of infants is worms, and the most effective application for them is Mother Graves' Worm Exterminator.

Burmese women are taking up law.

QUEEN OF THE CARNIVAL



Miss Kay Harrison, Vancouver Society girl, who will reign as Queen of the Carnival, when devotees of winter sports assemble at Banff during the week of February 2-9.

Fund For the Blind

Aberdeen Storekeeper Had Happy Thought To Save Money

A certain fancy goods dealer in Aberdeen on being told that his blind was a disgrace to a window, excused himself on the plea that a new one was so costly. "But," his friend replied, "you'll lose business if you keep a shabby blind like that." "I believe you're right," said the shopkeeper. "I must really see what I can do." Some weeks after his friend called again and was delighted to see a decided change for the better. "That's a lovely blind you've got," he remarked. "It must have cost a fine penny." "It did that," was the naive reply. "But my customers helped a good deal. You see, I placed a collection box on the counter with a printed notice, 'For the Blind,' and I got all I wanted."

May Sell Indian Lands

More than 20,000 acres of Indian lands, which include some of the best agricultural areas in the Peace River District, are likely to be sold at auction in the near future. This action will in all probability follow a survey that is being made in the north country by W. Morrison, Inspector of Indian agencies for the three western provinces, with headquarters at Regina.

For Frost Bites and Chills. Chills come from undue exposure to slush and cold and frost-bite from the icy winds of winter. In the treatment of either an excellent preparation is Dr. Thomas' Electric Oil, as it counteracts the inflammation and relieves the pain. The action of the oil is prompt and its application is extremely simple.

No Speed Artist

The tardiest racer ever brought to notice is probably a pigeon that started off in a race from Worcester two years ago. It has just returned to its owner's cote in Little Drayton, Shropshire, England.

Church Built On Boundary

London Preacher In One Parish Addresses Hearers In Another

The Moravian Chapel, Fetter Lane, is the oldest place of Protestant worship in London, having been first used as such in the reign of Queen Mary, when the congregation met in a shed-like structure built over a disused saw-pit.

It possesses another unique distinction in that it is the only place of worship in the Metropolis, and probably in England, in which the preacher has to stand and deliver his sermons in one parish to his hearers seated in another, the boundary line between St. Bride's parish and that of St. Dunstan-in-the-West running directly in front of the pulpit.

The Moravians bought the chapel in 1738, and amongst famous Non-conformists who have preached there were Wesley, Whitefield, and Richard Baxter.

NEARING A BREAKDOWN

A Condition That Calls For a Reliable Tonic

Many women give so much of their time to the cares of their household that they neglect their own health and sometimes reach the verge of a breakdown before they realize that their health is shattered. Often the heart palpitates violently at slight exertion, the stomach fails to digest food and discomfort follows. The nerves become weak and headaches grow more frequent. The body grows weak and they are always depressed. This condition requires immediate treatment with such a reliable tonic as Dr. Williams' Pink Pills which enrich and build up the blood, carrying renewed energy to every part of the body. The value of Dr. Williams' Pink Pills in a rundown condition is proved by the following statement from Mrs. Alex. McInnes, Bowsman River, Man., who says:—"About a year ago I had a serious illness which left me very anemic. I was not able to get around to do my work; in fact I could scarcely walk. I was troubled with palpitation of the heart with the least exertion. One day a friend advised me to try Dr. Williams' Pink Pills as they had done her much good. I followed this advice and took the pills for some weeks when I felt as well as ever. I have since been able to attend to all my household duties. The dizziness and palpitation have left me and I bless the day I tried Dr. Williams' Pink Pills. They are just the medicine for those who are weak and run-down."

You can get these pills from any dealer or by mail at 50c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Operate Salt Well

The Alberta government will operate its salt well in the McMurray country next year. Salt was struck at a depth of 670 feet.

Visitor—"Have you a mixed choir in this church?" Churchwarden—"In a sense, yes. They're all males, but some can sing and some can't."

Minard's Liniment for Chapped Hands.

The Equitable Building, New York, has 24,000,000 cubic feet of space.

Baby's Colds
Best treated without dosing—Just rub on
VICKS
VAPORUB
FOR COLDS OF ALL THE FAMILY

PATENTS

A List Of "Patented Inventions" and Full Information Sent Free On Request.
The RAMSAY CO. Dept. 273 BANK ST. OTTAWA, ONT.

They Liked Canada

Labor Leaders In Britain See Opportunities For Advancement Here

Replying to a question in the House of Commons, Right Hon. Sir Arthur Steel-Maitland, minister of labor, stated the speakers at a recent meeting in the Scottish mining centre of Hamilton, Lanarkshire, were two out of 10 miners who had been specially recommended by labor leaders and others to go to Canada with the harvesters and see what the conditions actually were. Their expenses had been defrayed out of voluntary funds. The speakers of Hamilton had received travelling expenses, but no fees and were not employed by any government department, the minister added.

The speakers in question set forth the benefits and opportunities to be found in the Dominion, and a series of such meetings are being organized by the ministry of labor. It is understood they have already resulted in an influx of applications for special government training in agriculture preparatory to emigration to Canada.

Aviator Killed In Canal

Instant death came to Phillip H. Atkinson, codet, of Asheville, N.C., at Brooks Field here, when his plane went into a tall spin 200 feet above the earth and crashed into the porch of a barracks, wrecking the porch and completely demolishing the ship.

For Burns and Scalds.—Dr. Thomas' Electric Oil will take the fire out of a burn or scald. It should be at hand in every kitchen so that it may be available at any time. There is no preparation required. Just apply the oil to the burn or scald and the pain will abate and in a short time cease altogether.

Mrs. June bride—Oh, dear! Strikes seem to be universal, don't they?

Her husband—Yep! Everything's striking except the clock your brother gave us for a wedding present, and that never did work any to speak of.

Check Colds with Minard's Liniment.

Now Theatre Stunt

Impromptu plays have been introduced in Berlin. The audience is requested to supply the title for an imaginary play, which is at once produced, the actors and actresses improvising the plot and dialogue as it proceeds.

All together, now, says the Soul Ste. Marie Star, three cheers for the pedestrian—hop, hop, hurry!

WINDOLITE The Improved Glass Substitute

MADE IN ENGLAND

COMES WITH A MESSAGE OF HEALTH

THE sun is the all-powerful life producer. Nature's universal disinfectant and germ destroyer, as well as stimulant and tonic. WINDOLITE is the sun's most important ally.

Medical research has definitely proved that from the point of view of Health and Hygiene, the most effective among the sun's rays are the Ultra-Violet rays, which possess the greatest power for the prevention and cure of disease and debility.

Science has further established that ordinary window glass does not allow the passage of Ultra-Violet rays, so that by using glass we are artificially excluding these vital health-giving rays. Therefore, the invention of WINDOLITE has completely satisfied the long-felt want. Exhaustive experiments have conclusively proved that it is a most effective substitute for glass, that it freely admits the Ultra-Violet rays, and that its use has a most beneficial effect on the growth and development of plants and chickens and on the well-being of cattle, enabled for the first time to have healthy light instead of darkness in their sheds.

Indeed, the discovery of WINDOLITE has during the last six years completely revolutionized gardening, given a new stimulus to poultry breeding, increasing the egg-laying capacity and fertility of chickens, has greatly improved the health of cattle and is now being used in domestic and household requirements.

Price \$1.50 Per Square Yard, f.o.b., Toronto.

Use WINDOLITE and let
YOUR PLANTS
YOUR CHICKENS
YOUR CATTLE
Bask in 100% Sunlight
Send for booklet "WINDOLITE"

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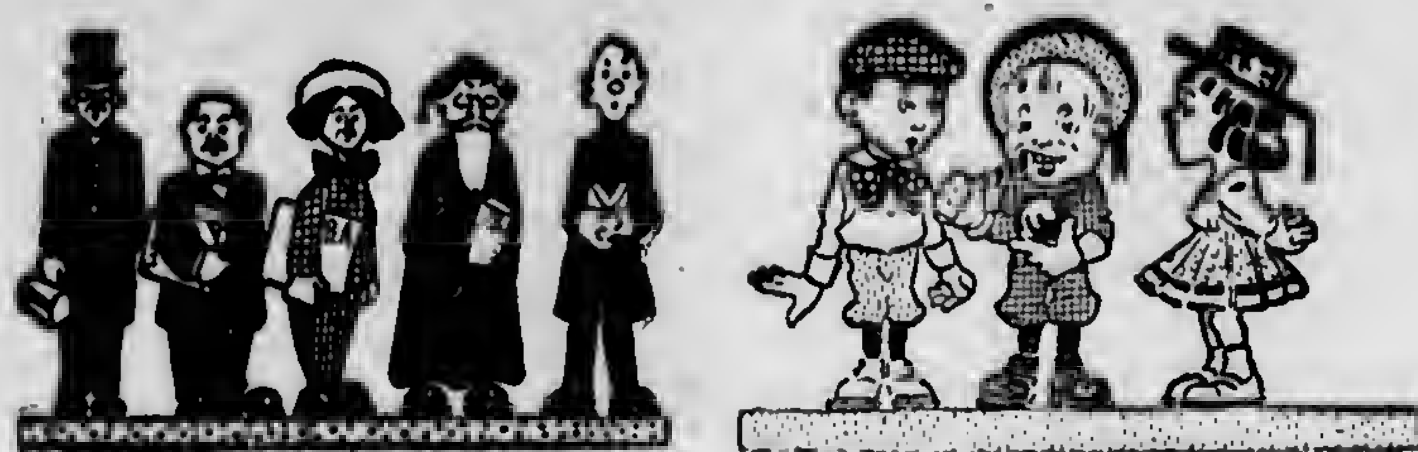


CAPITOL ENTERTAINMENT

2 BIG NIGHTS

Monday & Tuesday, February 11 & 12

Everybody is All



Lined Up to See

BECK ^A_N^D WALKERS

ALL COLORED

MINSTRELS

Direct from Great Falls, Montana

ONE OF THE FINEST MINSTREL AGGREGATIONS IN AMERICA



THE PROGRAM



Monday, February 11

Feature Photoplay:

HOOT GIBSON IN

The Danger Rider

Also 1 1-2 Hours of Diversified Entertainment by

**Beck and Walkers
Minstrels**

Adults 75c

Kids 25c

Tuesday, February 12

Feature Photoplay:

BILLIE DOVE IN

The Night Watch

Also Complete NEW SHOW With

**Beck and Walkers
Minstrels**

Matinee Tuesday at 4.15

Blending Red Rose Tea is an art. To obtain the fine flavor and full-bodied richness required years of experience. Every package guaranteed.

RED ROSE TEA

RED ROSE ORANGE PEKOE is extra good
In the best package—Clean, bright aluminum

Better Health In 1929

A year or two after the close of "the Great War," and when it was organizing its peace programme for "the improvement of health, the prevention of disease, and the mitigation of suffering," the Canadian Red Cross Society launched a monthly magazine for the purpose of arousing public interest in the matter of individual, community, and national health. With the end of 1928 publication of this little periodical ceased, and in announcing the cessation of publication, the Red Cross stated that in the intervening years the subject of health improvement and disease prevention had made such giant strides, and so many organizations and publications were devoting their energies to the subject, while almost every daily and weekly paper regularly printed health articles, that the same necessity did not exist for the Red Cross magazine, consequently the money it cost to produce could be devoted to other purposes.

There has certainly been a gratifying increase in public interest in health matters in the years following the war. With all its awfulness, tragedies and enormous loss, the war at least served the purpose of advancing the cause of health. Today, Canada is probably the healthiest country in the world, but, even so, there is still vast room for improvement, and that improvement cannot be brought about alone by medical men, governments, hospitals, and health organizations. It rests largely with the individual.

In the past it has been true to a great extent that people only became actively interested in their health when they became sick, notwithstanding the fact that every intelligent person will frankly admit that prevention is better than cure. In all industry in this age special efforts are directed at the elimination of waste and all unnecessary costs in business. Yet loss of time, loss of efficiency, loss in production, loss of earnings by the employee and of profits by the employer, loss occasioned by increased expenses at the very time when income is decreased or stops, is the direct result of sickness. It is the cause of the greatest aggregate loss in our national life.

No better New Year resolution can be made, or observed, by the individual, or the community, than one which finds expression in a determination to safeguard health. Such a resolution finds added force at this particular time when an epidemic of influenza is again sweeping the continent, although, fortunately, of a milder type than those of some years ago. Influenza is very contagious, but, on the other hand, it can be easily combated through the taking of very simple precautions. If it is not so combated at its inception, it may quickly result in serious complications such as bronchitis, intestinal trouble, or pneumonia.

All health authorities are alive to the danger; so, too, are the life insurance companies, and all are engaged in extensive publicity campaigns to acquaint people of the danger and to make known to them the simple precautions they should exercise. Thousands of dollars are being spent in newspaper advertising and other forms of publicity, and it is money well spent, but it will, nevertheless, be largely wasted unless the masses of the people to whom these appeals and advice is directed profit by it.

This new year of 1929 cannot be a happy, prosperous year if sickness enters the homes of Canada, followed by death carrying off loved ones, or leaving members of the family weakened and liable to contract other forms of disease. Good health is the first essential to happiness. Without it no person, community or nation can be prosperous.

The Canadian people cannot render better service to themselves and their country than by giving immediate and constantly continuing attention to their health. By so doing they will be laying the only sure foundation to happiness, prosperity, progress.

League Of Nations

Coast To Coast Membership Drive To Take Place In April

The weekly and daily newspapers of Canada are warm supporters of the League, it was stated at the regular monthly meeting of the League of Nations Society held in Ottawa, when arrangements were discussed for the membership drive to take place next April. Throughout the length and breadth of the Dominion, it was said, editors have shown an interest in the activities of the League of Nations and in the efforts of the Society to promote it in this country. The support of the press will prove a great asset in the annual "Coast to Coast" Membership Drive due to take place on April 16th, 1929, which will be known as "League of Nations Day."

Testing Canada's Fuels

The Department of Mines has erected in Ottawa a new Fuel Research Laboratory building, which has been equipped with modern instruments and machinery for conducting extensive research on Canadian fuels—solid, liquid, and gaseous.

No man or woman should hobble painfully about because of corns when so certain a relief is at hand as Holloway's Corn Remover.

Passenger automobiles made in Germany this year number one-third more than last year.

Stern Wheel Steamboats

Last Of Picturesque River Boats Has Disappeared In B.C.

The Fraser River has seen the last of its picturesque stern wheel steamers which until now have formed a link with the romantic past, the Cariboo gold stampede and other notable events in the early history of British Columbia. The old steamer Skeena has been sold as a cannery tender, and will be used as a bunkhouse for fishermen. She will no longer navigate the shallows and treacherous canyons of the mighty Fraser, and she was the last of her line.

Stern wheelers first commenced to operate on the Fraser in 1859.

Every careful and observant mother knows when her child suffers from worms. She also knows that if some remedy be not speedily applied much harm will result to the infant. An excellent preparation for this purpose is Miller's Worm Powders. They drive worms from the system and set up stimulating and soothing effects, so that the child's progress thereafter is painless and satisfying.

Missionary (to cannibal)—I warn you in regard to eating my brother. He will give you indigestion. He never agrees with anybody.

Minard's Liment is good for colds.

Mink farming is rapidly developing in Alaska.

Grand Champion Steer

Alberta Steer Is Sold For a Net Sum Of \$1,250

A new record was set for Alberta in the disposal by MacKenzie Brothers, of Lacombe, of Earl Marshall the steer which recently won the grand championship at Vancouver for a net sum of \$1,250. This steer which was bred by a Prince Marshall bull, owned by R. Henderson of Lacombe, weighed 1,250 lbs. and was purchased by Jackson Brothers, of Vancouver, at \$1 per pound—the highest price ever paid for an Alberta fed steer.

WEAK, LISTLESS GIRLS

Need Such A Tonic As Dr. Williams' Pink Pills To Restore Health

When a girl in her teens becomes pale and listless, especially if at the same time she shows inclination to tire easily, a listlessness and inattention to her work or studies, she needs Dr. Williams' Pink Pills, a tonic which directly and specifically corrects the condition from which she is suffering. A chemical analysis of the blood of such a girl would show it to be deficient in just the elements Dr. Williams' Pink Pills can supply. But an analysis of the blood is not needed—the physical signs are a pallor of the cheeks and lips, dark circles under the eyes, easily tired and breathless after slight exertion. Poor appetite, headaches, and sometimes fainting spells follow; often the patient is nervous and is startled at the least noise. In all run-down conditions there is no other tonic will build you up so quickly and so surely as Dr. Williams' Pink Pills. The statement of Miss Dorothy Lambdin, Bush Island, N.S., will bring hope to other weak girls. She says: "I wish from my heart I could persuade every person who is in a run-down condition to give Dr. Williams' Pink Pills a trial. About a year ago I was a weak girl suffering from impoverished blood and a run-down system. With many of the attendant symptoms. I had often read of Dr. Williams' Pink Pills and decided to take them, and after using six boxes I feel as well and strong as ever. Dr. Williams' Pink Pills will be my standby in the future if ever my blood needs building up again, and I shall always find pleasure in recommending them to others." You can get these pills for 50 cents a box from 'The Dr. Williams' Medicine Co., Brockville, Ont.

Recipes For This Week

(By Betty Barclay)

SCALLOPED CORN AND CELERY

2 cups corn (canned or fresh cut).
1 cup celery (finely chopped).
1 cup buttered dry bread crumbs.
1 teaspoon salt.
1 small green pepper chopped.
2 tablespoons butter.
1 cup hot milk.

Arrange corn, peppers, celery and crumbs in two alternate layers in a buttered baking dish. Add butter to hot milk and pour over the vegetables. Cover with buttered crumbs and bake 30 to 40 minutes. Serves eight.

RICE WITH DATES

1 cup rice.
3 cups boiling water.
1 teaspoon salt.
1 cup dates.
Wash rice and add to boiling water. Add salt and boil 5 minutes. Cook in double boiler 30 minutes. Add dates, cut in pieces, and cook until rice is tender and all the water has been absorbed. Serve hot or cold with milk or cream.

Quite Simple

"Yes," said the timid passenger to the airplane pilot, "I understand I'm to sit still and not be afraid and all that, but tell me, if something happens and we fall what do I do?" "Oh, that's easy," said the pilot. "Just grab anything that we're passing and hang on."

The cheapness of Mother Graves' Worm Exterminator puts it within reach of all, and it can be got at any drugist's.

Canada's Dairy Herds

One million, four hundred and ninety thousand, three hundred and forty cows supplied milk to creameries in Canada during 1926.

For frostbite use Minard's Liment.

She: "A fortune teller says I have a lot of money coming to me." He: "It may be true, it may be—but I would rather hear a paying teller say that."

Life is terribly short, considering it takes the average person fifty years to accumulate just a little bit of sense.

W. N. U. 1767

Acts Like a Flash In Relieving Colds

That's why so many people buy "Buckley's" to end Coughs, Bronchitis and all Throat, Chest and Lung troubles. It's instant, pleasant, guaranteed. You'll note its unique powers in the very first dose—and there are 40 doses in a 75-cent bottle! Ask your druggist for "Buckley's".
W. K. Buckley, Limited,
142 Mutual St., Toronto 2

BUCKLEY'S

75c. and 40c.

Canadian Firm Gets Contract

Will Supply R.C.A.F. With Moth Planes To Be Assembled In Canada

The de Havilland Aircraft Co. of Canada Limited, has received notification from the director of contracts, of the Department of National Defence that their tender for the supply of Moth aircraft for the re-equipment of the Royal Canadian Air Force had been accepted.

An order was placed immediately for thirty-four two-seater Moth light aeroplanes, twenty-eight being land planes for the re-equipment of the Camp Borden station. These machines which will replace the old "Lynx Avros" at present in use, will be used for the training of personnel of the force and for the annual flying courses for probationary flying officers who attend during the summer months. The remaining machines are Moth seaplanes for the equipment of the station at Vancouver.

It is a significant fact that all these machines are to be equipped with the Handley-Page automatic safety slits which render an aeroplane as nearly fool-proof as possible.

The Moths will be of the latest metal fuselage type which has been specially evolved for Canadian flying conditions and recently passed all tests at Ottawa with flying colors.

The order includes six spare Gipsy engines and approximates in value almost \$200,000.

The Moths will be partly manufactured in England, but assembled and tested at the de Havilland Company's plant at Mount Dennis, Ont. Delivery is to be completed by March 31.

Drives Asthma Before It. The smoke or vapor from Dr. J. D. Kellogg's Asthma Remedy gives asthma no chance to linger. It eradicates the cause. Our experience with the relieving remedy shows how actual and positive is the success it gives. It is the result of long study and experiment and was not submitted to the public until its makers knew it would do its work well.

The Way It Is Done Here

Canada and the United States seem queer to Europe. When they want something from one another, they buy it instead of training soldiers to take it.—Portland Express.

You may have more than you need, but you never have more than you want.

Two Hundred Mile Dog Derby Returns To North Country

Famous Mushers Will Race This Year From The Pas To The Flin Flon

After a lapse of four years, the endurance dog derby, which once thrilled the north country, and, it might even be said, the world, is returning to The Pas. The gruelling non-stop race which brought fame to Northern Manitoba and its hardy mushers will be revived at the frontier town's winter carnival, March 4 to 7. This time, romance will be added to romance. The course will be from The Pas to the famous Flin Flon mine and back, a distance of 200 miles.

Two thousand dollars in cash prizes, besides other valuable awards, and the Walter Goyne-Grant Rice memorial cup, which has an intrinsic value of \$1,000, will attract mushers from wherever mushers mush. The winner will have the dog racing championship of the world.

"Shorty" Russick, veteran driver, and the youthful, though none the less noted Emil St. Godard, present world's champion, each have a leg on the memorial cup. St. Godard will be one of the leading contestants this year, and it is likely that Russick will also enter. Other noted mushers are bound to make a strong bid for more fame at the derby since it has gone back to epic proportions. Seppala, Alaska's pride, has been itching for another endurance race, his friends say, and other mushers, from both the east and the west, have already sent in their applications for entrance forms.

Drivers are already training their teams for the test in March. St. Godard's dogs are in fine shape after a summer and a fall of workouts. The team of the French-Canadian musher has been trained for the speedier, 120-mile lap races of the last three years, but Emil claims that the dogs have the endurance for the longer route. They have been harnessed to an auto chassis in the warm months and are in good condition for the snow trail.

All the color, the lure, the joys and the sorrows of the land of the northern lights is crowded into the romantic history of dog racing at The Pas.

Happiness is not in getting what you want, but in not wanting what you can't get.

Turkey has been a feature of Yuletide fare since the sixteenth century.

Powerful Medicine.—The healing properties in six essential oils are concentrated in every bottle of Dr. Thomas' Electric Oil, forming one of the most beneficial liniments ever offered to the use of man. Many can testify as to its power in allaying pain, and many more can certify that they owe their health to it. Its wonderful power is not expressed by the small price at which it sells.

More than 2,100 miles of motor rail postal routes were started in Germany in the past fiscal year.

RICKETS

Children with weak bones or poor dentition receive great benefit from the use of

Scott's Emulsion

It is wonderfully pure, vitamin-rich cod-liver oil and helps build a strong, healthful body, sound bones and teeth.

Scott & Bowne, Toronto, Ont.

Standards Of Intelligence

Impossible To Measure Intelligence With A Foot Rule

Dr. Edward E. Free, a noted chemist, tells the American Society of Mechanical Engineers that mechanics are the most intelligent class in the nation. Second come engineers; third, business men. Last of all, but safely out of the category of morons, come actors, preachers, doctors and college professors.

And how does Dr. Free measure intelligence? It is "the ability to reach a reasonably correct conclusion from a set of discoverable facts." But of sets of facts there are all kinds and varieties. Perhaps Dr. Free would tend to over-emphasize the relative importance of chemical facts. Yet if so, one wonders why he ranks college professors so low. In his scale, surely such professors as Dr. Millikan and Dr. Compton should take high rank even on materialistic grounds. A physician like Dr. Banting, the developer of insulin, might be assumed to possess some degree of brain power and logical capacity.

Intelligence is imponderable. It is not to be tested with a foot-rule. It has as many standards as there are people to apply them. Because Shakespeare was an actor we should not be inclined to seat him below the salt at a banquet table of mechanical engineers, just one remove from the half-wits. — New York world.

CORNS

Relief in 2 Minutes

Just a drop or two of Putnam's Corn Extractor, and the pain goes away. Relief is almost instantaneous. Removing corns with "PUTNAM'S" is so easy, so sure, so painless—thousands use this wonderful remedy, and say it is the best. Don't suffer any longer. Use Putnam's Corn Extractor, the one sure relief for sore corns. Sold at every drug store.

What She Reduced

Robert: "I'm never going to take Miss Townsend out to dine again. Too expensive."

Calvin: "Why, she told me she was reducing."

Robert: "She was. She reduced my bank-roll about 15 bucks!"

Russia, which stands third in the countries of the world as regards highway mileage, is thirty-fourth in the number of automobiles.

WINDOLITE

The Improved Glass Substitute

MADE IN ENGLAND

COMES WITH A MESSAGE OF HEALTH



WINDOLITE stands for 100 per cent. sunlight. It makes light but strong windows for cattle sheds, dairy stables, poultry houses, brooders and all out buildings. It is economical, unbreakable, flexible and is easy to cut and fit. It is now being successfully used for sunrooms, verandas, schools, factories, hospitals, sanitariums, hot beds, plant coverings and greenhouses. It keeps out cold—will not crack or chip—cuts with an ordinary pair of scissors and is easy to fit. WINDOLITE is supplied in rolls any length but in one width of 36 inches only. A square yard of WINDOLITE weighs about 14 ozs., while a square yard of glass of ordinary thickness, weighs about 135 to 140 ozs. The improved WINDOLITE requires no varnish. WINDOLITE is made in England.

Price \$1.50 Per Square Yard, f.o.b., Toronto.

Use WINDOLITE and let YOUR PLANTS YOUR CHICKENS YOUR CATTLE Bask in 100% Sunlight Send for booklet "WINDOLITE"

Distributors: JOHN A. CHANTLER & CO., LTD.

51 Wellington St. W.

TORONTO, ONT.

Cuticura Heals Annoying Rashes

Bathe the affected parts freely with Cuticura Soap and hot water, dry without rubbing, and anoint with Cuticura Ointment. This treatment not only soothes and heals rashes and irritations but tends to prevent such conditions.

Sample Each Free by Mail. Address Canadian Agent: "Elo-hera, Ltd., Montreal." Price, Soap 25c, Ointment 25c and 50c. Telcom 25c.

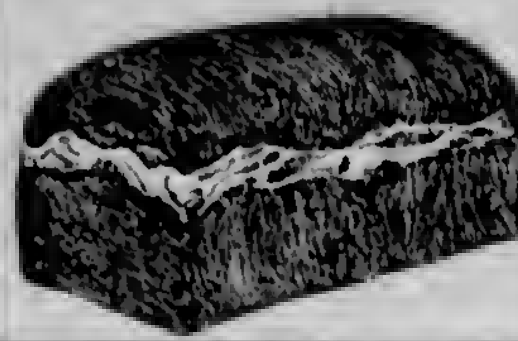


Cuticura Shaving Stick 25c.

BAKE YOUR OWN
BREAD
WITH

ROYAL
YEAST
CAKES

The standard
of Quality
for over 50 years



THE CRIMSON
WEST

— BY —
ALEX. PHILIP

Published by Special Arrangement
With Thomas Allen, Publisher,
Toronto, Ont.

CHAPTER XI.—Continued

For hours Donald followed the expert through the mill, while the latter explained and tested the different motors.

Once a week Robert Rennie came to the mill, taking a keen interest in all phases of its construction, and invariably he went away with a pleased smile on his face.

"Never saw the old man so worked up," commented Gillis. "Guess he'd like to come up here and run her himself."

Rennie was still skeptical. For no apparent reason he had taken a dislike to Donald. "It's just 'cause you and I are such good friends," explained Gillis. "Me and him get on like a couple of strange bull-dogs."

When the huge three-story mill, with its dry kiln, lumber skids, conveyor shed and railroad spurs, was ready for operation, and each machine had been tested, Robert Rennie arrived with other officials of the company. Next morning Donald's heart thumped as the mill's big whistle sent out its first call to work and the men filed eagerly to their posts.

The logs were sprayed with huge water jets as they came up the chain-haul to clean them of gravel and debris. The electric "nigger" spun them about and threw them into place with a thud that shook the mill. Then in a wild crescendo of sound there rose the harsh chorus of saws: the singing howl of the cut-off, the strident, slurring sound of the gang saws, and the staccato snarl of the trimmer.

Smiling and rubbing his hands, Robert Rennie walked through the mill. "Running like a greased pig," shouted Gillis above the clamour. The owner of the R. C. & L. Co. so far forgot his decorum as to slap the astonished Gillis heartily on the back.

Donald noticed an ever-increasing irritability on the part of the logging foreman during the next week. The erstwhile jocular Gillis became sulky and morose. Donald got an inkling as to the cause of his friend's gloom when he heard Gillis in conversation with Andy.

"What the 'ell's the matter, you big lunkus? You're like a bear with a sore foot," complained Andy.

"If my gang don't get here pretty soon, and I have to put up with this crowd of bohunks much longer, I won't be fit to live with," growled Gillis.

Short of Breath Smothering Feelings Choking Sensation

Mrs. H. Day, Dartmouth, N.S., writes:—"For over a year I was troubled with smothering spells and shortness of breath, and it was impossible for me to walk, even a short distance, because of the choking sensation which followed."

After trying many treatments, in vain, I at last decided to try

MILBURN'S
HEART
AND
NERVE PILLS

and in a surprisingly short time they did me much good.
Price 50c per box at all druggists or dealers, or mailed direct on receipt of price by The T. Milburn Co., Ltd., Toronto, Ont.

W. N. U. 1767

Gillis' gang of "redshirts" were known the length and breadth of British Columbia. Employers bid high for their services, but for many years they had stuck loyally with Gillis and the R. C. & L. Co. At present they were employed by the Company in one of their camps up the coast, but at Gillis' earnest request, Robert Rennie had promised to send them to Summit Lake.

Gillis' "redshirts" had the well-earned reputation of being the wildest crew of lumber jacks west of the Rockies. "They're wild, all right," Gillis had admitted; "a swearin', drinkin', fightin' gang of roughnecks. But holy mackerel! How them boys can log!"

That night Gillis confided his troubles to Donald. "I don't know what in tarnation's to become of loggin' in years to come if things keep on as they are now," he began in a despondent tone. "It used to be that when you sent down town for loggers you got loggers. But now," with a gesture of disgust, "you get a lot of silk-stocking'd, mandolin-playin', gum-chewin', smooth-haired guys, or else a bunch of snuff-chewin', garlic-smellin', macaroni-eatin' bohunks, whose names sound like a war in Central Europe."

Sighing reminiscently, he continued: "I often wonder if it's because I'm gettin' old; but, you know, when I look back on the days, when we logged with bull teams, it seems to me that the men at that time liked to work. I can still see the old timers in their whiskers, and their big black hats and flannel shirts, as they sailed out on the old Comox or the Cassiar. He shook his head sadly. "Ah! there was only one kind of logger in them days."

Seeing that Donald was interested, he went on: "Yes, there's two kinds of loggers nowadays, Donnie, the 'single-breasted' and the 'double-breasted.' And there's a hell of a lot of difference between the two. The 'single-breasted' logger is a man that don't speak anythin' but English, an' he don't belong to the 'I won't work' neither. He knows loggin' from A to Z; don't mind sleepin' in a bunk, and always carries his own blankets. If he borrows a ten-spot off you, as soon as he earns it he comes lookin' for you, slips you the money, grabs you by the hand, and lookin' you straight in the eye, says, 'Thanks, friend, come and have a drink.' At night, when he is through work, he'll smoke his pipe, grind his axe, talk about the next day's work with the boss, read the paper and go to bed. In the mornin' he'll swallow a big load of prunes and ham and eggs and go to work a-singin'."

"But this 'double-breasted,'" he snorted disgustedly, "he's a mixture of a taxi-driver, bartender and soap-box orator, and just because he lives in B.C., he thinks he is a logger. He knows the difference between a fallin' saw and a buckler's saw, and that just about lets him out. If he borrows a dollar off you, the minute the bill slips out of your hand you can see a look in his eye that says, 'You're hooked.' And the devil of it is that he won't cross to the other side of the street when he sees you comin', but he'll walk right up to you a-smilin' and ask you for another buck."

"When he gets through at night he cleans his finger-nails and plects on a mandolin while he tells how many Junes is stuck on him in Vancouver; gives an opinion that the shower-bath was not hot enough, and how we sufferin' workers should rise against the capitalists. He'll kick at the breakfast table because there is only oranges and no grape-fruit. When he goes in the woods he'll throw a few tools away so's to help the cause of the workers."

"Workers!" he exploded, as he came to his feet and walked the floor, "we've got too many 'double-breasted' and 'hunks' in this camp right now, Donnie. A hunk will work if you show him a pick and shovel, but these other guys are trouble-breeders. Did you see that big brute that came in today?"

Donald remembered seeing an enormous man with narrow, piggy eyes, in the crowd of men sent by the employment agency.

"That's ol' Hand. He's a bad egg. I s'pose I'd ought to fire him, but he's a good logger, and they are mighty scarce 'round these diggin's." He yawned sleepily. "Got to fix a 'spar-tree' for a 'high-lead' tomorrow, so I better hit the hay."

Preparing the "spar-tree" for "high-lead," or "sky-blue" rigging, is the most spectacular and thrilling performance in the logging industry. A standing tree is trimmed of top and branches, then strengthened with guys. With the pull coming from this altitude, the advantage over the straight ground pull is enormous as logs are lifted high in air over all impedimenta. The men who do this hazardous work are known as "high-riggers."

Next morning, a man with a short-

PILES

are quickly
Soothed & Healed
BY
Zam-Buk

handled axe, wearing a wide belt to pass around the tree-trunk, and a pair of lineman's spurs, slowly climbed a big fir. As he ascended he trimmed the trunk clear of limbs. Quite a crowd gathered, among them the trapper, with his rifle on his arm.

"I ain't got a 'high-rigger' in the outfit," growled Gillis. "This feller agreed to trim her, but he says he never chopped the top off one, so I guess we'll dynamite her."

The explosive, with a detonating cap, was tied around the top of the tree and wires strung to the ground. For some reason the batteries would not act, and Gillis chafed under the delay.

"I kin set her off for ye," said the old trapper.

Gillis turned to him. "How?"

The trapper tapped his gun. "Put a piece of paper on the cap so I kin see her and I'll pop it."

"That's a new one on me," laughed Gillis.

He sent the man aloft to place a square piece of pasteboard on the cap. The men moved back from the foot of the tree, and Gillis gave the signal that all was clear. The old man sprang briskly to the top of a stump, tipped his big hat to the back of his head, and raised his rifle slowly. For an instant the long barrel wavered slightly, then steadied. The report of the rifle was drowned by a splintering crash. The heavily-branched top lifted, then came hurtling through the air to strike the ground a mass of wreckage. For a moment the big spar swayed drunkenly from the shock, then stood stark and rigid. Deprived of its fronds of green, it appeared a ghastly relic of its former self.

That afternoon, as they waited the arrival of the train, Gillis talked again of his "red-shirts." "White men, every one of them," he declared proudly, "and everyone of them with a nickname that is known all over the Coast. Ye just ought to see my two 'high-riggers,' 'Hoop-la' McKenzie and 'Blackie' Anderson. 'Blackie' is as black as an Indian, and 'Hoop-la' got his name from standing on the top of a spar tree, after he cuts her off, wavin' his hat and yellin' 'Hoop-la'."

"I got five Jack McDonalds in the gang. Their names are 'Sly' Jack, 'Fightin' Jack, 'Check-Book' Jack, 'Johnnie-On-The-Spot,' and 'Crazy' Jack. An' if they had all bin named 'Crazy' Jack it wouldn't bin no mistake," he finished with a laugh.

The train rumbled to the station and the usual crowd of workers came pouring from the cars, while a crowd stood waiting to board the train. It was the same every day—men coming and men going.

Gillis uttered a glad cry. "Here they are!"

A big, ostentatious man, with broad shoulders and narrow hips, stepped to the platform. His dress was truly colourful and striking—with hat, high boots, a vivid scarlet shirt, with a cloth belt of the same bright hue tied at the side, the same dangling loosely.

"Get out of the way, hunkies, and make room for a logger!" he roared as he elbowed his way through a crowd of scattering foreigners, behind him a line of men clad in the same brilliant attire.

"Hello, Hoop-la! you ornery ol' skate!" bellowed Gillis.

The big man turned. "Here he is fellers!" he shouted.

In a moment Gillis was surrounded by this picturesque crew, howling tumultuous greetings.

"Hello, ol' hoss!"

"Hello, you son-of-a-gun!"

"How the hell are ye?"

Donald was subjected to crushing handclaps as he was introduced to each and every one of this crowd of husky loggers.

As Donald studied them he did not wonder at Gillis' pride in these men.

FROST BITTEN.

Relieve the pain of cold-nipped cheeks or ears with Minard's. It will soothe and heal.

MINARD'S
"KING OF PAIN"
LINIMENT

With the exception of Blackie, there was none under six feet in height, and they carried themselves with a loose swing that was almost a swagger. Many of them were well past middle age, some quite grey about the temples. They were all filled with the sparkling health of the great outdoors, their skins the colour of mahogany.

(To Be Continued.)

Teeth and Health

Learned by The Canadian Dental Hygiene Council and Published By The Saskatchewan Dental Society

TOOTH EXERCISE

You have read considerable of late about the "daily dozen," and other such settling-up exercises.

So you know, of course, that the body requires exercise if it is to develop and keep fit.

You have been told, too, that a vigorous chewing of your food is both beneficial and necessary as the first step in good digestion.

But perhaps you have never given thought to the beneficial effects of thorough mastication on the tooth structures themselves.

In the first place, then, there is the stimulating effect on the supporting structures of the teeth, giving them proper "tissue tone."

In the growing child, the development of the teeth, is impossible without sufficient masticatory exercise.

Former generations ate hard and coarse foods, and suffered little from dental trouble.

Mastication of such tough uncooked food gave to their teeth and jaws sufficient exercise to promote the most vigorous circulation and a very decided massing of the gums. These agencies through the abundant blood supply to the jaws provided ample tissue nourishment for growth and development along with great powers of resistance to infection.

Today, we are using a great many over-refined and pre-digested foods, which require little or no chewing, and in the use of which, even the mechanical effects from the scrubbing of the tooth surfaces are lacking, with the result that Nature working out her inexorable law, that a member that is not functioning as intended, gradually loses its efficiency, is making the tooth structure softer and less resistant to disease.

There should be, therefore, an habitual use at each meal, of foods selected not only on account of their nutritive qualities, but because they are of such a nature as to require vigorous masticatory effort.

Grippe! Flu! Influenza! Raging Through Canada

Preventive measures are advisable with so much Grippe in the air. Keep the throat and nostrils clear of infectious germs by inhaling the balsamic vapor of Catarrhazone. By this means you send the healing and soothing properties of the famous "Blue Gum of Australia" all through the air passages of the head and throat.

Catarrhazone stops a grippy cold, it's splendid for irritable throat, relieves headache and quickly drives out the germs of Flu, Influenza, Grippe and Bronchitis. Get Catarrhazone today. Complete outfit, \$1.00, and lasts two months; smaller size 50c at all druggists.

Caught By Americans

Now we know why the fish don't bite any more. They are finding their way into the Great Lakes to be caught by American fishermen. Last year these fishermen took 23,796,000 pounds out of Lake Erie, 23,689,884 pounds from Lake Michigan, 15,710,731 pounds from Lake Huron, 15,301,562 pounds from Lake Superior, and 697,821 pounds from Lake Ontario.

Excellent For Croupy Children. — When a child is suffering with croup it is a good plan to use Dr. Thomas' Electric Oil. It reduces the inflammation and loosens the phlegm giving speedy relief to the little sufferer. It is equally reliable for sore throat and chest, earache, rheumatic pains, cuts, bruises and sprains. Dr. Thomas' Electric Oil is regarded by many thousands as an indispensable of the family medicine chest.

A Berlin husband advertises his matrimonial troubles in a local paper: "My pious, faithful wife has departed from me. Will the honorable finder please keep her?"

Always keep Minard's Liniment handy.

Notable Rocky Mountain Pass
Jarvis Pass, a densely timbered crossing on the Alberta-British Columbia interprovincial boundary, is remarkable for containing a number of small lakes on its summit, distributed on both sides of the watershed. The water from some of the lakes flows westward to the Pacific, while from the others it runs eastward to the Atlantic.

Santa Claus should be spelled Santa Klaws. The name is Dutch for St. Nicholas.

Experience is what one gets while looking for something else.

To Check Flu-Grip

Fight the Germs with Vapors
Before They Can Get a Start

Treat All Colds Promptly
But Be Careful Not to
Disturb the Digestion
With Too Much Dosing

through the skin like an old-fashioned poultice, "drawing out" tightness and pain, and helping the vapors to break up the congestion.

Avoid Upsetting Stomach

This simple external treatment cannot disturb your digestion as too much "dosing" is so apt to do. This is doubly important when "flu" is around, for your stomach, as well as your respiratory organs, must be kept in good condition in order to keep your body resistance at its highest level.

For this reason, too, mothers prefer Vicks for children. It can be used freely and often, even on the youngest child, with no fear of upsetting a delicate stomach.

To Help Ward Off the Flu

When influenza colds are prevalent, you can often prevent infection by snuffing a little Vicks well up the nostrils every night and morning, or before exposure to crowds.

acts 2 ways
at once
VICKS
VAPORUB
OVER 17 MILLION JARS USED YEARLY

Little Helps For This Week

"Freely ye have received, freely give."—Matthew x. 8.

The Hand that strews the earth with flowers.

Enriched the marriage feast with wine.

The Hand once pierced for sins of ours.

This morning made the dew-drops shine.

It freely gives its very best.

Not barely what the need may be.

But for the joy of making blest;

Teach us to live and give like Thee.

Not narrowly men's claims to measure.

But daily question all our powers.

"To whose cup can we add a pleasure.

Whose path can we make bright with flowers?"

—Elizabeth Charles.

Opportunities come reaching out their hands to us every moment, not to do great things perhaps, but for the "Little, daily, unremembered acts of kindness and of love," that take off the chill from our uncomplimentary matter-of-fact intercourse with one another, and keep our hearts from starvation.—Lucy Larcom.

Hockey players use Minard's Liniment.

There is such a thing as being too persistent at times.

Newly Arrived Missionary: Tell me what became of the man who had this position before me?

Cannibal Chief (patting himself on stomach with reminiscent grin): He took a trip to—the interior.

A PERFECT MEDICINE FOR LITTLE ONES

Baby's Own Tablets Should Be In Every Home Where There Are Children

The perfect medicine for little ones is found in Baby's Own Tablets. They are a gentle but thorough laxative which regulate the bowels, sweeten the stomach, drive out constipation and indigestion; break up colds and simple fevers and promote healthful refreshing sleep. It is impossible for Baby's Own Tablets to harm even the new-born babe, as they are absolutely guaranteed free from opiates or any other injurious drug.

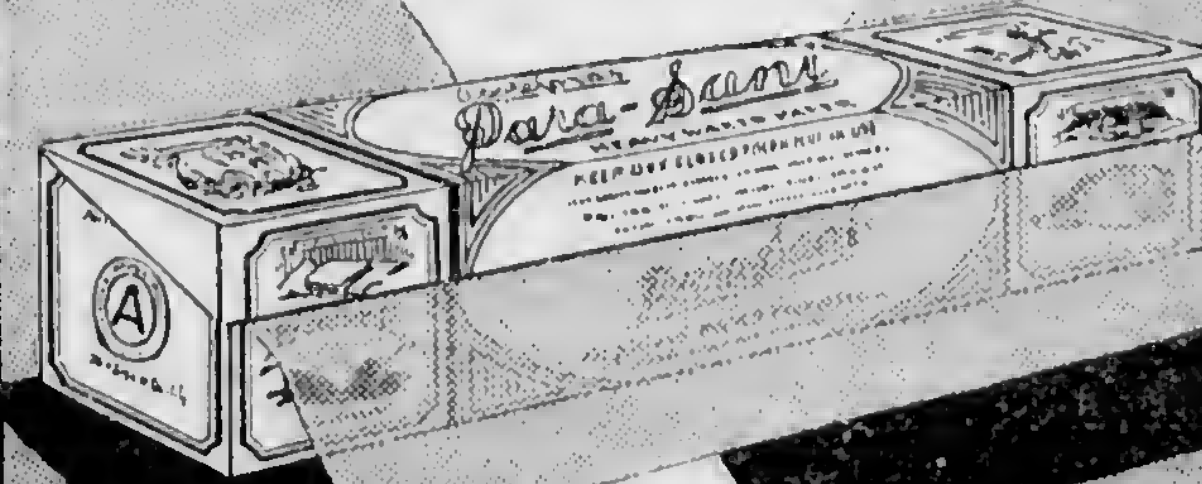
Concerning the Tablets, Mrs. Alex. J. Perry, Atlantic, N.S., writes:—"I always keep Baby's Own Tablets in the house for the children, as I have found them a perfect medicine for little ones."

Baby's Own Tablets are sold by medicine dealers, or by mail at 25 cents a box from The Dr. Williams' Medicine Co., Brockville, Ont.

Maud "So you married your employer. How long did you work for him?"

Myrtle—"Until I got him."

Foods Stay Fresh Longer This Way



Covered with Para-Sani Heavy Waxed Paper goods that usually stale in a day or so stay fresh for quite a long time. Try it. Get Para-Sani in the handy, sanitary, knife-edged carton at grocer, druggist or stationer. For less exacting uses get "Centre-Pull" Packs in sheet form.

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If you desire BREAD baked in any special way—we can serve you to your satisfaction and our pleasure at the Bakery.

"Eat the Best!"

"Forget the Rest!"

Maple Leaf Bakery

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Phone 32

Geo. Ralph

Res. Phone 33

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Can now be purchased on
time prices that are taking
the country by storm.

\$1.00 Down \$1.00 a Month

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day 100 per cent Alive Guaranteed.
Breeding Certificate sent with chicks.
From tested, trapnetted Leghorns.

Barred Rocks, Reds, Anconas, Min-
oreas, Wyandottes, Orpingtons.
Discount for orders received by Febru-
ary 1st. Free Catalogue.

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REPAIR CO.

Repairs for all makes of Gramo-
phones. Prompt Service.

611 Centre Street Calgary, Alta.

For Sale — \$800. Mason and Rich
Player Piano. Will sacrifice for
\$275. —Apply Will Stone.

Stake M. I. A Contest for 1929

GENERAL RULES

1. For all final events contestants must have attended five regular class sessions. (This does not include con-
joint sessions.)
2. Stake board members are barred from participating in all contest events.
3. On the evenings of the finals all contestants participating must pro-
duce a copy of birth certificate signed by ward clerk. Ward president and secretary must certify in writing that contestants have attended five regu-
lar class sessions.
4. Judges for finals will be appointed from the outside of the Taylor Stake by the Stake board. Rules for judging shall follow the hand book and late bulletins.
5. In case of any dispute the decision of the Stake Executives will be final.
6. Ages for contestants:
(A) Boy Scouts - 12 to 14 inclu-
sive, on date of contest, on
March 29.
(B) Bee Hive Girls - 14 to 15 in-
clusive, on date of contest on
March 28.
(C) M. Men - 17 to 23 inclusive,
on date of contest March 28.
(D) Gleaner Girls - 17 to 23 in-
clusive, on date of contest,
March 28.
(E) Junior Girls - 16 to 17 inclu-
sive, on date of contest,
March 28.

FINAL EVENTS:

1. One act play - selection "The
Invisible Hand."
2. Gold and Green Cotillion.
3. Musical Events.
(A) Male Quartette.
(B) Junior and Gleaner Girls
Double Trio.
(C) Organ Solo.
(D) Dance Orchestra.
4. Speaking events:
(A) Public speech - M. Men.
(B) Public speech - Gleaner
Girls.
(C) Retold story - Bee Hive
Girl or Scout.

Rules for speaking events:

1. Time limit - ten minutes - sub-
ject original.
If the speaker exceeds eleven
minutes he shall be disqualified.
2. The retold story must be retold
and not read.

Rules for musical events:

1. Male quartette - Open to M.
Men only - Selection "Neath Thy
Window."
2. Junior and Gleaner Girls
Double Trio - Six voices - Selection
"Summer Days."
3. Organ Solo - Open to all - Selection
"Meditation" (page 81
Reed Organ Book)
4. Dance Orchestra - Open to all
Selection - A. Waltz, B. Fox
Trot.

(Each ward will make its own
selection) Not over 7
pieces, and not less than five.
The Drama and Gold and Green
Cotillion are open to all members who
have attended five regular class ses-
sions.

TIME SET FOR FINALS:

1. Musical Events - 7.30 p.m. Mar-
ch 28th in Stake House.
2. Speaking Events - 7.30 p.m.
March 29th. Stake House.
3. One Act Play and Gold and
Green Cotillion - 7.30 March
30th. in Opera House.

A Stock Tonic For the Dairyman



Keep the Milk Flowing and the
Cream Test up this winter

Reduced Price
Now \$8.50 for Steel Drums
Weight 45 lbs. - F.O.B. Raymond
Refund for Empty - \$1.25
Buyer pays Return Freight

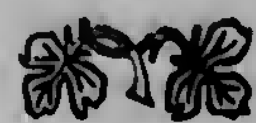
Good for Hogs - Horses or Cattle

STOCK SURE RELISH IT.

Order from nearest Elevator Agent,
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Canadian Sugar Factories Limited
RAYMOND ALTA.

Capitol Entertainment



Tonight and Saturday

Ruth Taylor and James Hall in

Just Married

Monday Next

BECK and WALKERS MINSTRELS

Also HOOT GIBSON IN

The Danger Rider



RUTH TAYLOR-JAMES HALL
IN "JUST MARRIED"
A PARAMOUNT PICTURE

Tuesday Next

BILLIE DOVE IN

The Night Watch

also NEW SHOW with

Beck and Walker Minstrels

Matinee Tuesday at 4.15 with MINSTRELS and PICTURES

Coming Soon

The King of Kings

TOOTH EXTRACTION

You examine a tooth following its
extraction, and you wonder just why
it was so hard to pull.

And also, being just bony tissue, as
it seems, you cannot see how it could
hurt quite as much as it did.

But the tooth is not simply bone
tissue encased in bone, for, between
the two there is a soft tissue lining
called the periodontum. It is in
this tissue that are attached the
myriads of tiny fibers which hold
the tooth in place.

Now you will remember how, in
"Gulliver's Travels", the Lilliputian
chains were like so many fragile
strands of thread, yet together, in
their thousands, they sufficed to hold
Gulliver securely to the ground. So
when a tooth is drawn, those count-
less fibers have to be literally torn
across, requiring a great expenditure
of force; with this rending, they "cry
loudly," causing pain.

Remember, too, that in the single
rooted teeth there is oft times a bul-
bous portion on the root, while with
the multirooted teeth these roots are
generally spreading and not infre-
quently crooked, all of which make
for their stability in the bony jaw.

So that in extraction the problem
presents of forcing these enlarged
and spreading or crooked roots thru
the narrow aperture of the supporting
bone, which snugly fits the tooth neck.
Where the alveolus is light, this is
fairly easy of accomplishment
through springing apart the alveolar
plates, but where the bone is thick
and dense, or the roots unduly spread
or crooked greater difficulty is met.
In such cases, the difficulties are over-
come through resorting to other
methods of extraction.

But of course, it does seem but a
simple matter to have a tooth pulled
doesn't it?

Yet, it must not be forgotten that
very extraction, no matter how ap-
parently simple, is a surgical opera-
tion, wherein the body tissues are
exposed to infection with its grave
consequences to health and life, and
hence, tooth extraction should not be
so lightly regarded. Post-operative
care and cleanliness is as important
in the guarding against pain and
other complications as would be the
case where the wound in any other
part of the body. Much suffering
is occasioned by particles of food lodg-
ing in the sockets after the teeth
have been extracted. Unless this
food is properly removed it will quick-
ly decompose and set up an acute in-

"A BEAR STORY"

Glancing over the sport columns
of the daily's during recent weeks
would enlighten the readers that Pavo
Nurmi has been smashing records
for foot racing across the line, but
from the northern part of the provin-
ce comes a tale, which if true, unakes
the "Phantom Finn" look like a plow
horse up against thoroughbreds. This
is how the northern tale goes accord-
ing to Bill Douglas.

The runners in this race, one of
life, were two grizzly bears and two
homesteaders, the latter won the race
fortunately for themselves, by char-
ging into camp with the glad news
that two grizzlies could be expected
at any moment.

The ranger says that the whole
thing really started when the two
homesteaders were cutting a trail
through a patch of juniper in the
Pinto Creek country and accidentally
ran into a grizzly. The first estimates
regarding the animals size were
slightly out of proportion for they
said it was as large as a house, later
however, it came down more to nor-
mal and reached the size of others of
this type of animal.

Rather surprised at the meeting the
two hapful men turned quickly away
from the bear and struck for distant
point on the horizon, when all of sud-
den another bear rose on the trail
before them, thus hindering the get
away.

The breaks were vigorously ap-
palled boots threw sparks, which was
a small matter, considering that it
had stopped them from plunging prac-
tically into the mouth of this second
Mr. Bruin. Their first plan after
stopping appeared to be to find a tree
to climb, and reach safety, but such
a thing was not to be found.

With escape their only thought they
dived to the right and entered a tele-
phone camp, where they tried to bor-
row two pairs of climbing irons from
the lineman, who, however, pacified
them by saying that grizzlies are not
tree climbers.

The crew in the camp grabbed up
their rifles so as to be prepared for
the visit, but Mr. Grizzly failed to
put in an appearance, due it is be-
lieved to the fact that they were
still casting around in vain for the
seent of the two homesteaders.

Washing the mouth or
the use of the ordinary syringe will
prove altogether inadequate for the
removal of this irritation. A return
trip to your dentist is indicated.

A skin game.—Two young boys
living 80 miles northwest of Ed-
monton started a coyote farm in 1927
by digging young coyotes out of
the ground and confining them in a
pen. They got 140 young animals
and when their skins were mature
sold them for \$12 each.

A southern packing plant special-
izes upon horse meat for shipment
to parts of Continental Europe
where it is very popular. It has
been suggested that the nondescript
range horses straying about South-
ern Alberta be herded for packing
purposes. It is a pity someone
could not figure out a similar way
of consuming some of the old motor
cars that are loose on the high-
ways.

Twenty oil burners measuring
overall 97 feet in length and weigh-
ing 725,000 pounds have been order-
ed by the Canadian Pacific Railway
and will be in passenger and
freight service through the moun-
tains this summer. Each of them
will do the work of two or more of
the lighter locomotives. They are
the largest in the British Empire
and will revolutionize transporta-
tion in the west, it is predicted.

Victoria is having a mid winter
golf tournament open to members
of the local clubs and to guests of
the Empress Hotel, and the players
won't have to play in britches and
fur coats, either. In the east they
have a game called winter golf that
they play with bow and arrows on
skies or snowshoes, but the golf
at Victoria is the legitimate article.
The game is played the year round
in the equable climate of the Pacific
coast.

Unique and luxurious cars, differ-
ing from anything operated in this
country before, will be carried by
the two crack trains of the Cana-
dian Pacific Railway, the Trans-
Canada Limited between Montreal,
Toronto and Vancouver, and the
Mountaineer, from Chicago to the
Pacific coast, it has been announ-
ced. The cars will have bath
rooms, valet service, lounge and
smoking space, and a solarium,
with vita-glass windows.

The sea is constantly productive
of tales of adventure. A recently
told story is that about Comman-
der S. Robinson, O.B.E., of the
Canadian Pacific liner Empress of
France who turned his ship into the
face of a hurricane and went 500
miles out of his course to take aid
to injured seamen on a storm tossed
Japanese freighter. The great liner
waited beside the freighter, which
had been badly battered by the
huge waves and some members of
whose crew had been injured, but
found it impossible for boats to
pass between the two ships to con-
vey a doctor. After waiting for
half a day the master of the Jap-
anese ship reported that he could
make port, and the Empress of
France continued on her interrupt-
ed voyage.

VITAMINS
Everyone needs them to support growth or to protect the body against germ-infection.

Scott's Emulsion
abundantly rich in vitamins is of great importance in all run-down conditions of the body. Scott's Emulsion builds strength.

Scott & Bowne, Toronto, Ont. 25-61

THE CRIMSON WEST
— BY —
ALEX. PHILIP
Published by Special Arrangement
With Thomas Allen, Publisher,
Toronto, Ont.

CHAPTER IX.—Continued

"Thank you," answered Donald, "but if you don't mind I'd rather look at your flower garden."

It was quite evident that their host was pleased by this statement. "You are interested in flowers?" he questioned eagerly.

"I am," admitted Donald, "but unfortunately I don't know much about them."

The dignified Englishman proved to be not only an intelligent, but a most willing teacher. From plot to plot they went, the botanist glad to talk on his hobby to an attentive audience. He gave the names of the plants, their mode of germination, growth, nature and uses. For half-an-hour his quiet voice went on until the lengthening shadows deepened. As they moved toward the cabin, the Breed passed them carrying a pail brimming with milk, at which Andy gazed with longing eyes.

"We always have a light lunch in the evening; won't you stay?" begged their host.

Andy nodded his blond head vigorously in a silent signal to Donald for acceptance, and acceptance was instantly forthcoming.

The interior of the log cabin was rough in the extreme, but scrupulously clean, with chairs, tables and beds that had never issued from a furniture factory. The window-curtains were made of flour and sugar sacks, on which the names of the manufacturers could still be deciphered. On one wall were two bunks, set one above the other, on which were spread heavy Hudson Bay blankets. No sheets were in evidence, and the pillows were rough sacks stuffed with moss. The lower bunk showed the feminine touch in its drapery of cheap blue print, a pathetic attempt to brighten the coarse surroundings. Behind a small stove in the corner hung an array of cooking utensils, spotlessly clean, but of inferior quality. The one and only table, placed conveniently near the stove, was as white as a ship's deck from constant scouring.

In direct antithesis to this seeming poverty, one end of the cabin was literally filled with books. These richly-bound volumes looked incongruous in conjunction with the rough tables, the uncomfortable chairs and the rude beds. Donald's eyes roved over the books, arranged on the shelves standing and crosswise. Most of them were in English, but many were in German, French and Italian; some in what appeared to be Arabic, perhaps Sanskrit; and dozens were on botany, ornithology and natural history.

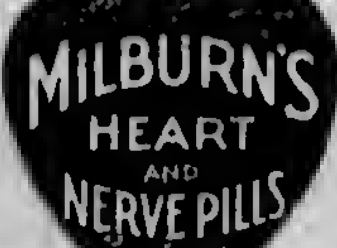
"A bookworm," mused Donald, "a bookworm, and at the expense of his personal comfort." He felt ashamed of his unwarranted criticism of their kind host.

"I built this cabin all alone," informed Wainwright proudly.

Donald's eyes rested on the speaker.

Going Upstairs Had to Sit Down Breath So Short

Mrs. H. Brousseau, Magog, Que., writes:—"For many years I suffered with shortness of breath; then four years ago I had palpitation of the heart, and was so bad I had to sit down two or three times when going upstairs. I read about



so I got a box, and in no time I felt better, so I took three boxes more and I have never had shortness of breath since."

Price 50c. a box at all druggists and dealers, or mailed direct on receipt of price by The T. Milburn Co., Ltd., Toronto, Ont.

W. N. U. 1764

er. Wainwright wore a shooting-jacket and riding breeches of excellent cut and of rare material, but now worn threadbare and neatly patched. Donald knew that those rents had been mended by a woman's hands. Wainwright's aesthetic face was impressive. The marks of toil could not hide the delicacy of his thin hands with their long, tapering fingers. The hands of a dreamer or poet, thought Donald, not the hands to wield an axe. A quick admiration for this man's gameness filled his heart. "A good job," he lied, as he surveyed the sagging roof and bulging walls.

"As good an authority as Hillier told me that it was excellent work," stated their host rather boastfully.

"Bless old John's heart!" thought Donald fervently.

It was plain that Connie had anticipated their staying for lunch, as the table was set—with tin plates and cups—for four. She drew a pan of hot rolls from the tiny oven, and her face a deep red from the heat and her exertions, she sat down to the table, using a canned goods box as a seat.

Donald noticed that the two chairs had been given up to the guests, and he arose at once to offer his seat. Andy, not to be outdone in gallantry, successfully prevailed on Connie to make a change.

"Bit shorter every day," he grumbled as he sank to the box. At this Connie lowered her head her shoulders shaking with merriment.

Wainwright's manner was that of the owner of a baronial estate entertaining guests under the most luxurious surroundings. His cheeks were flushed, and he seemed filled with a boyish happiness. "It no doubt will seem incomprehensible to you," he remarked with a smile, "when I say that you are the first white men to break bread with me under this roof. We are quite a distance from the Pemberton trail, and therefore come in contact with but few travellers."

Little wonder, Donald thought, at their host's nervous gaiety and the child's distress. What turn of Fate had caused this scholar to seek a home in so lonely a spot? Misanthropes fled to the wilderness to escape their fellow-men, but their welcome was proof that Wainwright was not of that class. Why, then, had he voluntarily become an anchorite? Was he obsessed by his hobby to such an extent that he had ostracized himself to carry on the study of Nature? Was he a criminal, hiding from justice? Donald put the latter thought aside quickly. The Englishman's delicate features, with wide forehead, clear eyes, and tender, sensitive mouth, were not the features of a man of criminal tendencies. At times, when in repose, Wainwright's face held a deep and brooding sadness. Some tragedy had entered his life, Donald decided; some great calamity, that had seared his very soul, had driven him to the life of a recluse.

Connie strove to appear at ease, but without success. Hoping to relieve her embarrassment Donald spoke to her. Although she ventured an upward glance, his voice seemed only to heighten her confusion.

Mr. Wainwright resumed the discussion of the wild flowers of British Columbia. With his head held sideways, Andy listened intently to the flow of conversation. When their host used Latin words Andy's face would assume a bewildered expression. With eyebrows raised inquiringly and a humorous smile playing about his lips, he would turn to Connie and slowly shake his head.

This odd little man, with his blithe manner and the whimsical gleam in his blue eyes, was extremely amusing to Connie, and it was with difficulty that she controlled her mirth.

"I s'y," observed Andy deferentially, "I'd like to learn about these flowers and things; but, strike me 'andsome, the big words you use, and some of them in the bolunk language, puts more'n 'arf of it over me bloomin' 'ead."

Wainwright's laugh had a pleasant ring. "I'll do my best to help you, Mr. Pettray. You'll find books here," pointing to the shelves, "that will be of greater assistance."

The keen mountain air made itself felt through the poorly clinked walls of the cabin, and the company moved their chairs nearer to the warmth of the crackling fire. Donald offered their host a cigar, which was accepted and smoked with evident relish.

"Start me at the beginnin', put me in the kindergarten, where my size belongs," chuckled Andy.

Wainwright leaned back in the rough chair, puffing luxuriously at his cigar, sending wreaths of fragrant smoke about his head. "I hardly know where to begin," he said meditatively.

The room suddenly grew dark, and they heard the soft sighing of the wind in the branches of the trees nearby. These signs were precursors

of one of the mountain showers so common in the coast Range of the Province. A moment later there came the intermittent patter of big raindrops on the roof, gradually increasing until it became a strumming roar that debarred conversation.

Connie lighted a candle, and using the neck of an empty vinegar bottle as a candlestick, she placed it on the table, then took a seat outside the radius of the dim light.

The door opened to admit the Breed. As he entered a rush of sweet rain-washed air, laden with the odour of fragrant buds, filled the room. Shaking a shower of glistening raindrops from his wide sombre, the Breed hobbled silently on moccasined feet to a seat in the corner.

The pelting rain dwindled to a drizzle, then stopped as abruptly as it had begun.

For an hour Wainwright gave a disquisition of the value of plant life to mankind. Selecting two books from the shelves, he placed them on the table before Andy. "You will find no difficulty in understanding these volumes, as they are written for the novice. You will also find that there is no pursuit more conducive to health and happiness than the study of plants. It keeps one largely in the open air, and promotes pure and helpful thinking. For this reason parents should lead the minds of their children to the study of plant life."

During her father's discourse Connie's eyes scarcely left Donald's face. The Breed from the darkness of the corner noticed her rapt interest in the tall stranger, and his dusky eyes glittered with jealousy. He limped to the doorway, and as he turned, Donald could not repress a start as he caught the malignant look of hate which shot from the half-breed's glowing eyes.

"Constance, dear, will you play for us?" asked her father.

She moved obediently to her bunk, and from the floor beneath she drew out a much worn violin case.

The mellow radiance from the candle and the ever-changing lights from the open draft of the small stove east long, wavering shadows within the cabin. From without came the wailing of the wind, the creaking of the trees, and the steady drip of water from the eaves.

As the bow touched the strings Connie forgot her shyness. The violin drifted into a melody as light as a bird singing through the trees, now joyous, anon sobbing in a deep rhythm of eerie sadness. As she played her body swayed, almost imperceptibly, as a blossoming tree sways under a soft spring breeze.

As the last note ascended and faded on the throbbing air, Connie's embarrassment returned. At Donald's words of praise a scarlet flush dyed her cheeks. She returned the instrument to its case, and with eyes downcast, resumed her seat in the darkened corner. Wainwright's eyes held a look of deep tenderness as he thanked her in a voice that was like a caress.

As they said good night Donald saw that their host's face was again shrouded in deep melancholy. The light of a waning moon threw ghost-like shadows as they stumbled down the narrow trail through the aromatic woods. Save for the drip of water, a brooding hush hung over the forest. The trail was soft with needles, on which their feet made only a softened beating. In the nave of huge conifers the solemnity of the forest made speech seem almost irrelevant.

Near the centre of the tunnel-like trail, where the shadows deepened, Donald stopped short with every sense alert. Without knowing why, he suddenly felt a quick sense of danger. A dark form rose in front of them and slunk into the woods.

"The blinkin' Indian," whispered Andy.

In passing the spot where the Breed had disappeared, Donald had an uneasy feeling that the burning eyes of Connie's devoted guardian were fixed on him and he felt a chilly chill creep up his spine. It was with a feeling of relief that they emerged from the obscurity of the timber and caught the friendly gleam of light from their cabin window on the lake-shore far below.

CHAPTER X.

The following day their work brought Donald and his companions to the top of the falls near Connie's fairy nest. The melting snows from above had swelled the water until it filled the narrow gorge to the brim.

As Donald viewed the thundering river he was impressed by the potential power in the mighty surge of water that flung itself in a cascade of foam to the rocks below. "Good place for a dam!" he shouted to Gillis, as he pointed to the narrow canyon and then to the slanting walls that formed a natural basin.

That night, while Andy pursued his studies on flowers, Donald cover-

Druggist Gave Her Very Good Advice
Miss Ruth Morowitz, Bronx, N. Y., writes: "Having been troubled with indigestion caused by constipation for several months, my druggist advised a purely vegetable laxative pill. I can safely say that since I am taking them, and only one each night, I feel like myself again and can eat most anything without fear of an attack."

CARTER'S LITTLE LIVER PILLS
All druggists—25c and 75c red pkg.

ed several sheets of notepaper with drawings and figures. He became so deeply engrossed in his work that he sat up long after the others had gone to bed. At breakfast he placed the result of his night's work near Gillis's plate. "Jack, I believe we could put in an electric mill that would be successful," he said earnestly.

Gillis studied the papers carefully, then passed them to Douglas. "Might be done," he said non-committally. "I don't know nothin' 'bout electricity; do you?"

"I've had a little experience," admitted Donald modestly.

Douglas, who had been poring over the drawings, spoke emphatically. "I'll bet Dad would be interested in this. I've heard him say that all mills would be electrically driven sometime. He's up-to-date—always willing to listen to new ideas."

"But old 'Moss-back' ain't," growled Gillis.

"Who's old 'Moss-back'?"

(To Be Continued.)

WHY TORTURE THE LITTLE ONES

Mothers, do you think it fair to torture your little ones by forcing them to take ill-tasting oils when they need a laxative medicine? Don't you find that the child's dread of these medicines often do more harm than good?

Baby's Own Tablets are the modern substitute for these nauseous doses. They are the very medicine the child requires and are so pleasant to take that they are as easy to administer as a glass of water. They are the perfect remedy for all the minor ailments of little ones, being absolutely guaranteed free from injurious drugs.

Baby's Own Tablets accomplish all that castor oil and other bad-tasting remedies can do. In fact they accomplish more as they do not leave the child exhausted from its struggle against taking medicine. They relieve teething pains, banish indigestion and constipation, break up colds and simple fevers and promote healthful, refreshing sleep. They are sold by medicine dealers or by mail at 25c a box from The Dr. Williams' Medicine Co., Brockville, Ont.

The Only Safe Course

When Tempted To Invest Money Get Advice Of Bankers

"When promoters come to us with rosy schemes for making a fortune, I just refer them to my bankers, and tell them that I never make an investment except on their advice," said one of Canada's shrewd business men, the other day. "I tell them I will invest all the money my brokers will advise. That settles them, and I never hear another word of their big project." If people generally would follow the same course, we shouldn't hear so often of heavy losses incurred by those who can't afford them, through listening to the glowing promises of smooth tongued agents. We recently heard of a farmer who parted with two thousand dollars of hard earned money in one of these ventures. The average man (or woman) hasn't at his command the information to check up the statements made to him. Consult your banker before you succumb to the blandishments of strangers. He's your friend, and won't advise you against what he believes to be your best interests.

Corns are caused by the pressure of tight boots, but no one need be troubled with them long when so simple a remedy as Hohlway's Corn Remover is available.

Praises Canadian Farm Life

Young Man From Britain Finds Working Conditions Are Good

"A Canadian farm is a great place at which to make and save money," said Francis Henry Barr, aged 18, of Bristol, England, who came out to Canada at the end of last March and saved about \$250 within seven months. "First, I worked on a farm near Picton, Ontario, and then went west with the harvesters," he said, "working for several farmers. In turn, in Saskatchewan, about the region of Yellow Grass, 30 miles north of the border. At every farm I was treated well."

Teeth and Health

Issued by The Canadian Dental Hygiene Council and Published by The Saskatchewan Dental Society

TOOTH CLEANSING FOODS

The most highly civilized peoples of today and, in particular, those living upon the North American continent, buy more tooth brushes and dentifrices, and pay more attention to mouth toilet than any other peoples of this or any previous age. But yet among them, tooth decay is universal and rampant.

In contrast, it appears that primitive man suffered little if at all from decayed teeth. Investigators after having examined several hundred skulls of Indians, from the South American continent, who lived between two and three hundred years ago, report that only a single tooth in the entire collection showed dental caries.

In proof that this is not merely a racial factor, they have found that where savage people and others have modified their diet in a manner similar to the European or American, there has resulted a rapid deterioration of the teeth with tooth decay becoming very prevalent.

Now, undoubtedly much of this deterioration of tooth structure has been due to a lack of inorganic salts, which are the essential "building stones" of tooth tissue. But, on the other hand, with the adoption of softer foods with their modern methods of preparation, much less masticatory effort is required on the part of the teeth, and they lose the beneficial effects of scouring and cleansing such as were secured when grains, roots, and raw fruits formed the chief articles of diet.

The habitual use of some of the harder foods such as toast, crusts, shredded wheat and nuts, along with certain of the raw and dried fruits and vegetables would prove most beneficial as tooth cleansing foods apart from their nutrient values.

"An apple a day" might indeed keep the dentist away as well as the doctor.

We should avoid the excessive use of sweets and sweet foods, particularly of the pastry type, which adheres to the teeth.

The Art Of Glassmaking

Craftsmen Of Venice Guarded The Secret Jealously

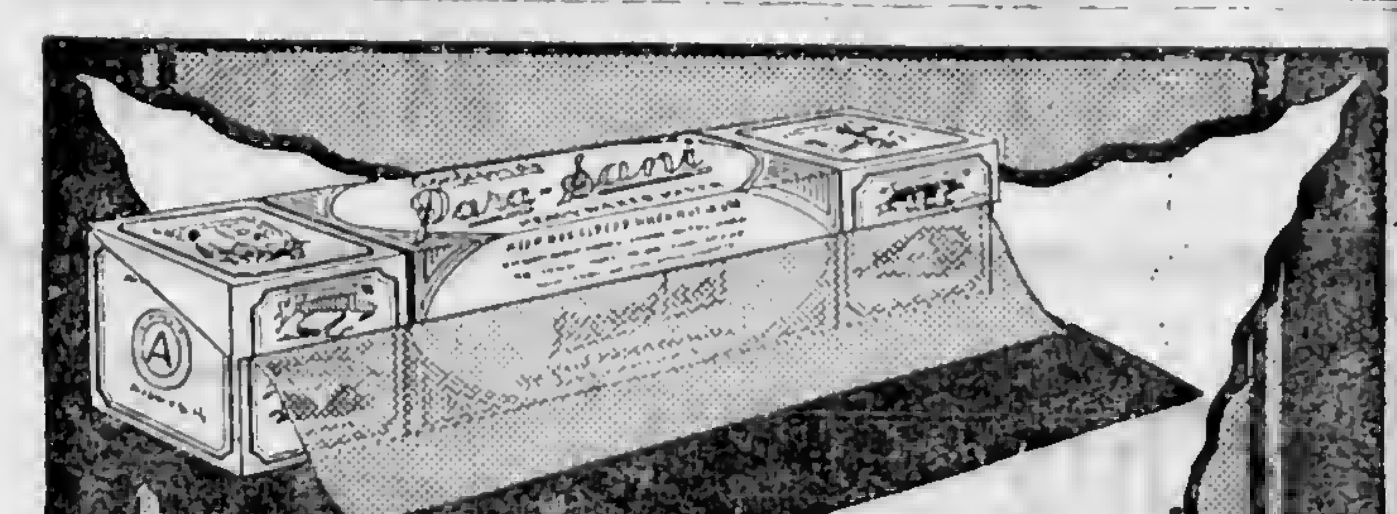
Glassmaking was an ancient and honorable craft as far back as tradition goes. It was an aristocrat among guilds in mediaeval Europe. In her proudest days, the glory of Venice was her glass. The secrets of glassmaking were jealously guarded. If a Venetian glassmaker carried his skill to another city, we are told, he was ordered back and the members of his family were imprisoned or treated as hostages until he returned.

Motor Sleeping Cars

Motor sleeping cars, recently introduced, are coming into general use in England. They are huge autobuses equipped with berths for night journeys. The cars are to be used in a new road service which is being started to link up London, Manchester, Liverpool, Aberdeen and Glasgow.

Minard's Liniment for Grippe.

Modest Suitor: I am going to marry your sister, Willie, but I know I am not good enough for her. Candid little brother: That's what Sis says, but ma's been telling she can't do better.



Cut Down Food Wastage

---by covering all perishable goods with Para-Sani Heavy Waxed Paper. Para-Sani moisture-proof texture will keep them fresh until you are ready to use them.

You'll find the Para-Sani sanitary knife-edged carton handy. Or use "Centre Pull" Packs in sheet form for less exacting uses. At grocers, druggists, stationers.

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PIMPLES ON FACE AND HANDS

Were Hard and Red. Could Not Do Hard Work. Cuticura Heals.

"Small pimples broke out on my face which later grew larger and were hard and red. Later pimples broke out on my hands and kept getting worse each day. I could not do any hard work with my hands on account of the breaking out."

"I began using Cuticura Soap and Ointment and they helped me. I continued the treatment and after using two cakes of Cuticura Soap and one box of Cuticura Ointment I was healed." (Signed) A. W. Babychuk, Wishart, Sask.

Use Cuticura Soap, Ointment and Talcum to promote and maintain skin purity, skin comfort and skin health; the Soap to cleanse and purify, Ointment to soothe and heal, and Talcum to powder and refresh.

Sample Each Free by Mail. Address Canadian Depot: "Ebenhouse, Ltd., Montreal." Price, Soap, 25c. Ointment 25c and 60c. Talcum 25c.

Little Helps For This Week

"Our help is in the name of the Lord, who made heaven and earth."—Psalm cxxiv, 8.

I heard a voice, a tender voice, soft falling

Through the storm; The waves were high, the bitter winds were calling,

Yet breathing warm Of skies serene, of summer uplands lying

In peace beyond; This tender voice, unto my voice replying,

Made answer fond. Sometimes, indeed, like clash of armies meeting,

Arose the gale; But over all that sweet voice kept repeating,

"I shall not fail!"

—Nora Perry.

Dost thou not know that God is almighty? Dost thou not know that unto God belongeth the kingdom of heaven and earth? Neither have you a protector or helper except God.

—The Koran.

Record Yield Of Potatoes

What is claimed to be a record in potato increase is reported from Gainsborough, Lincolnshire, England, when 492 pounds were obtained from a single pound. There were four hundred allotment-holders in the competition and the winner, Mr. Allison, won the trophy for the third time in succession. The wonderful result was due to the care taken in cutting the pound of seed tubers into thirty pieces and the application of fertilizer.

Minard's Liniment for Asthma.

Bookkeeper. Twenty-five years ago today, Mr. Markham, I stepped into your employ—

Chief. Yes, I know! I know! The very first day you were five minutes late.

Gladys: "When I marry it will be a man who counts."

Harold: "That's fine. I'm just the man you're looking for. I'm a cashier."

